

Community Project to prevent early pregnancy in september 7th's neigboard

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Resumen

La investigación tiene como objetivo diseñar un proyecto comunitario para capacitar a los padres y adolescentes sobre el embarazo adolescente, el 7 de septiembre en la Ciudad La Libertad. El fondo de este Arset investigación, los contextos teóricos de variables de la investigación; proyecto de la comunidad y el embarazo precoz; sociológico, educativo, psicología y aspectos referenciales que contribuyen al desarrollo del proyecto comunitario propuesto. La metodología utilizada es cualitativa, cuantitativa, campo, bibliográfica y descriptiva, que permite recopilar relevante para el desarrollo de la investigación. Los instrumentos de investigación que se utilizaron entrevista y encuesta, el análisis de la recopilación de datos permitió a los puntos de vista de las adolescentes embarazadas y expertos en el campo para conocer el estado actual del problema y buscar estrategias para ayudar a la comunidad de diseño del proyecto.

Los resultados obtenidos condujeron al diseño de un proyecto comunitario en el nombran tres y se establecen estrategias: la formación de ciclo, la recreación y la expo- feria, la misma ya que se basan en la interacción social, lo que permite la sensibilización de los jóvenes para prevenir el embarazo precoz a través de la aplicación práctica de la teoría de la interacción simbólica, la teoría de la Ajuga y la comunicación hipodérmica.

Proyecto de la Comunidad, el embarazo precoz, la interacción simbólica.

Abstract

The research aims to design a community project to train parents and teenagers about teen pregnancy, on September 7 town in La Libertad city. The background of this research arset, the theoretical contexts of research variables; Community project and early pregnancy; sociological, educational, psychology and referential aspects that contribute to the development of the proposed community project. The methodology used is qualitative, quantitative, field, bibliographic and descriptive, allowing gather relevant for the development of the investigation. The research instruments that were used interview and survey, analysis of data collection allowed the views of pregnant adolescents and experts in the field to know the current status of the problem and seek strategies to help design Community project.

The results obtained led to the design of a community project where three named and strategies are established: cycle training, recreation and expo-fair, the same as they are grounded in social interaction, allowing the awareness of young people to prevent early pregnancy through the practical application of the theory of symbolic interaction, the theory of Ajuga and Hypodermic communication.

Community Project, early pregnancy, symbolic interaction.

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Introduction

Early pregnancy is a social, economic and public health concerns today's society problem, the changes in adolescence from biological, psychological and social occur, makes it this stage after childhood, it is the most vulnerable of the life cycle; a cause for concern early initiation of sexual relation, which can cause the onset of pregnancy and other problems. (Guruchary, 2005). Therefore should be considered several alternatives to reduce the problem, a possible route for prevention is to perform an educational intervention through a community project, as in this case study in the September 7th district in La Libertad, where there is a high percentage of teenage pregnancy.

According to (Varea, 2008) one of the main cause of early pregnancy is the lack of sexual education of parents to their children; in addition a reflection on how it affects the lives of adolescent to have an early pregnancy, adding little education and social environment in which adolescents live. Among the consequences of having to assume the responsibility of parenthood at an early age, the most outstanding are: The socio-economic circumstances in which teenage mothers is living, limited job opportunities by her poor education, frustration and depression produced by the limitation of not being able to follow a normal life for her age, guilt and low confident, rejection or social environment and bad relations with her own family.

The research aims to design a preventive community project to train parents and teens about teen pregnancy. Qualitative research was used in relation to the research methodology, quantitative, field, bibliographic and descriptive, let them establish important characteristics for the development of the Community project.

The research techniques were interviews and survey; then analyzes the data collected, the conclusions and recommendations allowed to see the current situation in relation to early pregnancy in September 7th district.

According to the results obtained by the theoretical contexts and research methodology, the community project was set up to prevent early pregnancy in the 7th district in September of La Libertad, Santa Elena, three strategies were established: cycle training, recreation and a fair expo; grounded in theories of social science and communication with the pedagogical axis, from the analysis of cooperative work methodology.

Community Project and early pregnancy

In support of the project it was necessary to perform a literature search based on different theories of different authors who have done research in reference to the variables. Conceptualizing and community project management interrelate then these concepts and define the community project for the prevention of early pregnancy was defined.

To (Graffe, 2006) he indicates that the project is "a number of actions defined for the project which includes the identification of activities, time and responsible. For the same author are the bridge project will facilitate the realization of the project in the region, can be short, medium or long economic, political, social, cultural, environmental or infrastructure term."

According to (Narro, 2010) community management "is an active and assertive from acts and steps from the same point within the community and also to enhance the personal attributes of each inhabitant process, to thereby seek to improve living conditions of the community".

This research aims to make a community project for the prevention of early pregnancy, through community and social aspect, using the referential context of symbolic process that considers the person as sociocultural.

The community project for the prevention of early pregnancy neighborhood September 7, it will work with adolescents, parents, enabling them about the importance of educating children, the responsibility for initiating sexually active and potential consequences. If they do not have the maturity because they face a change to family in educational, economic and social level.

To justify the implementation of this project, it was based on the information acquired from the causes and consequences in young teenage pregnancy; the social environment can greatly influence the psychological aspect of teens pregnant because they are vulnerable to discrimination, ridicule and criticism from peers and the people around them in her social environment, generating a community project based on the interactionism hypodermic symbolic and communication theory.

Theoretical and experiential contexts that contribute to the design of the community project

Psycho aspect, the study focuses on how to educate people, psychologically:

How adolescents develop their growth depending on the social and family environment around them, and their relationship with how to learn for decision-making, it is necessary to establish the idea of the social environment and the modification of the cognitive structure like Piaget mention:

(Piaget, 1971) "cognitive theory which states that the individual acquires the capacity of formal reasoning in their teens from 12-13 years of age up to 20 years, there is a different and increasing complexity of intelligence during adolescence; this structural change multiplies, the potential of the child and extends to bring them closer to adult reasoning and this is the basis of all other changes in the psychosocial level."

This theory of psychology aimed at possible solutions in the prevention of early pregnancy, because depending on the family atmosphere surrounding the teenager, education received by parents, and their education, develop their cognitive process, acquiring Information and the experience they receive from their parents and environment.

According to (Vygotsky, 1991), "there are two types of mental functions: the lower and upper. Lower mental functions are those with which we are born, they are the natural functions and are determined genetically. The behavior of these derivative functions is limited; It is conditioned by what we can do. Higher mental functions are acquired and developed through social interaction. Since the individual is in a specific society with a particular culture, these functions are determined by the society.

Cognitive, social and emotional areas are linked, in this sense the situation that occurs in different contexts for example it is known that much of young people face the self-confident problem by physical or psychological abuse, it is a reason to be fragile for indulging in sexual area at an early age, lack of affection, as a result seek to cling to hope for a little love to think that offers privacy.

In the words of adolescents "when I have sex, I feel complete my soul" for the lack of affection without being able to define a logical reasoning, responsible when they have sex, causing an early pregnancy, regardless of the degree maturity to be clear about the consequences of what may cause for their family, professional and social environment.

Specifically may be mentioned that some cases also affect friendships, because the teenager spends most time on social networks, where there is no control due to the subjects that treat each other, also the example of parents, cultural values that are taught to their children, that depends heavily for their personal development, if the mother became pregnant at a young age, they think that is normal to do the same, without think about the psychological damage that would have causes – consequences in their professional development.

Symbolic Interaction's Theory

Symbolic interaction is also a process of analysis between man and the world, which aims to study how to interpret the different meanings produced by the man to negotiate socially, because the bottom line is the social rather than the individual. For the author (Blumer, 1969), "aim to study the interpretation by actors born symbols of their interactive activities, humans act about things on the basis of meaning for them." (p. 62).

The symbolic interaction process focuses on three basic premises:

- Social interaction between individuals.
- Used as interaction process.
- Humans act upon the meanings that things have for them.

The objective of this project is to empower parents and teens about causes and consequences of early pregnancy, for this proposal was designed with recreational and expo fair activities training, with reference to the theory of symbolic interaction and it began to work in the community.

The project is designed to generate expectations in the participants, since it should capture the attention of the person, one way to do that is through the dynamics and the assertive motivation, dialogue and empathy in the training cycle, activities & Expo fair; using participatory methodology and symbolic interaction. The study focuses just on social interaction through symbols that makes the human be connected with the social environment around them.

Analysis and techniques

With the implementation of the research instruments as the interview and surveys, it was reached the following conclusions:

The interview got information about the need to implement projects that help prevent teen pregnancy, because a high percentage of pregnant women are teenagers, and this is a problem that brings health and psychological consequences for them.

The survey got results that contribute to the design of the research proposal. Most of the teenagers surveyed 45% strongly agree that most of pregnant women attending the health center are teenagers.

It also allowed a percentage of 38% of teen who agree that it is necessary to implement a preventive project on early pregnancy.

As relevant data 50% of teens surveyed strongly agree that could prevent the increase of teen pregnancy if they had clear information about the causes and consequences of early pregnancy.

There are also gaps in communication between parents and children to discuss issues of sexuality, along with the causes and consequences that carries the sex without proper responsibility.

Community project to prevent early pregnancy

The proposal aims to reduce teenager’s pregnancy in September 7 neighborhood, through the development of a community project, taking into account the diagnosis that pregnant teenagers and professional opinions on the topic was conducted.

Reference was made to the theory of symbolic interaction of the author (Blumer, 1969), he says “that language is a system of symbols used to signify things and a process of analysis between man and the world, which is object of study, the way he plays the various man-made ways to negotiate socially, because the bottom line is the social rather than the individual.

The symbolic interaction process focuses on social interaction between individuals and states that humans act on the basis of the meanings that things have for them.

The proposal shall consist of the following strategies, which seek to generate participation and social interaction; for the purpose of outlining they have been organized into three parts:

- The first part is the implementation of a series of training through workshops, lectures and forums on themes of life projects, causes and consequences of teen pregnancy.
- The second part is to organize recreational activities for young people.
- The third part is the organization of a fair expo in the sector whose theme is "Teenager’s world". It will also have an assessment to verify compliance with the objectives of the community project.

Community Project Formulation

The development of this proposal will be held in September 7th district of Canton La Libertad, Santa Elena, the project is summarized in the following diagram:

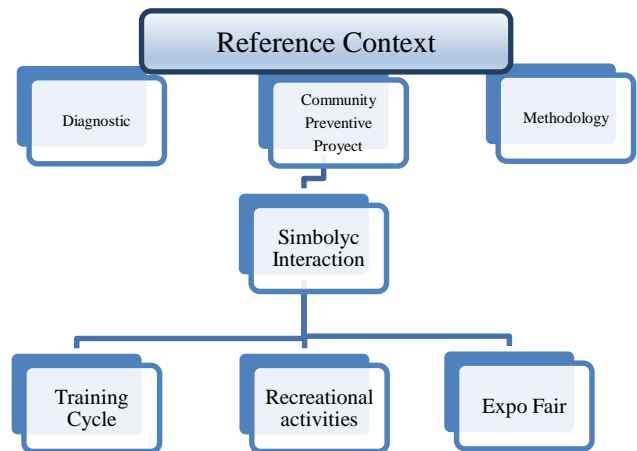


Figure 1 Community Project Source: Information Gathering

Objectives

Main Objective:

To help reducing teenage pregnancy in September 7 neighborhood, through the development of community project, leading to the social development of this sector.

Specific objectives:

-Report sexual education for parents and teens in September 7 neighborhood, through the methodology of the theory of symbolic interaction.

-Encourage communication between parents and children from September 7 neighborhood, carrying out different community activities, to prevent early pregnancy.

-To promote community participation of the local people on September 7 about general learning teenagers' issues.

Programming the community project

This project will work with the theories of social interaction and symbolic interaction with participatory methodology that promotes action and participation of people in community projects.

The lectures and workshops in society have become the main factor of world's communication with people, it is necessary to add other ways to interact and learn, because it is really tired for who has the training. In this sense, the theoretical contexts are addressed, the same that are associated with the social sciences, which is the branch that studies the social development of the people, for the project will need to work with the social interaction, forming a single group for the study of society and structure activities through symbols and strategic lines.

This project aims to achieve the entity and family togetherness, then you must know the meaning of the process of social construction by the symbolism that is a reaction to the reappearance of a symbol, therefore human behavior is guided by thoughtful intelligence, people act intentionally and voluntarily taking always as reference inventing a probable future and gives meaning, meaning to everyday efforts. (Parlebas, 2009).

About the author above also raises attend the driving behavior "it is a total motor act, conduct involving their emotions, their relationships with others and their cognitive abilities and, in reference to his social environment, these actors give a meaning to his action goes far beyond the simple biomechanical intervention of their body segments "(Parlebas, 2009, p. 52). From both approaches the development of activities in the community project will be proposed.

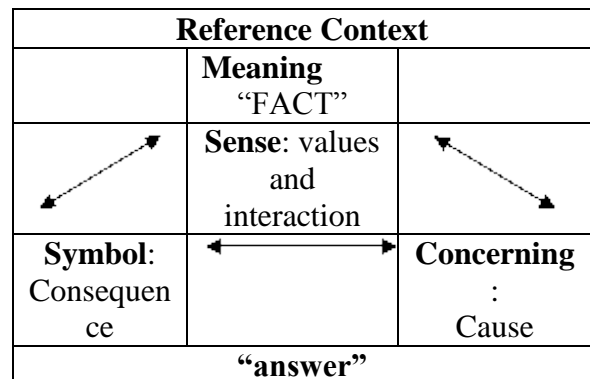


Figure 2 Process of social construction through symbolization Source: (Parlebas, 2009)

According to this scheme, the programming of the activities of the community project, which will work with parents, pregnant adolescents and youth, in which you need to consider the social and cognitive dimensions was performed.

Implementation and project development

For the execution of the project has been divided into three parts, the first is the implementation of a series of training through workshops, lectures and forums on teen pregnancy and the importance of assertive communication between parents and children to talk about different topics marking significance the subject of sexuality, teenage pregnancy causes and consequences among others, the second part is the organization of leisure recreational activities, and will be held with the community to engage in teams, making much does society understand the personality development of young people, and the third part is the expo-fair where they tell everything that goes with the adolescent world from the bio psychosocial dimension.

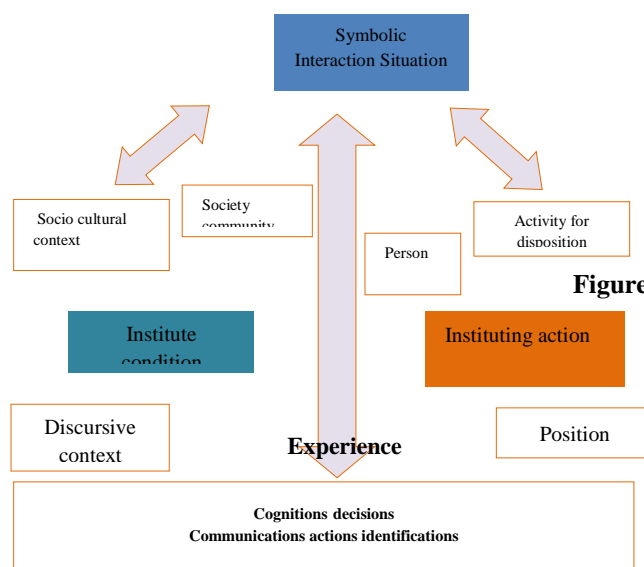
COMMUNITY PROJECT		
PART I		
	ESTRATEGIES	TOPICS
Implementation of a series of training through workshops , talk and forums early - pregnancy - causes - effects-	Nº 1 TALK	- Causes and disadvantages of early pregnancy
	Nº 2 WORKSHOP	- Sexual and reproductive conference
	Nº 3 WORKSHOP	- Successful communication with teens.
	Nº 4 FORUM	- Training for parents to talk about sexual topics
	Nº 5 FORUM	- Social action
PART 2		
	ESTRATEGIES	ACTIONS
Organization of recreational activities	ACTIVITY Nº 1	- Dynamic Educational activities
	ACTIVITY Nº 2	- Partner- Childrengames
	ACTIVITY Nº 3	- Traditional games
PART 3		
		TOPICS AND ACTIONS
Organization of Teenager World Expo Fair	ACTIVITY Nº 1	• Specialization talks about sexual education
	EXPO FAIR	• Public institution talks about
		• Nutrition, health, happiness and wellness

Table 1 Diagram of the parts of the community Project
Source: Information Gathering

Part 1: Cycle training

The workshops consist of a sequence of lectures and forums will be held to the community at a given time by professionals, according to different themes of sex education, in order to encourage citizens to participate in lectures, workshops, forums and find interesting, invite the interaction with other people, to work together to achieve a purpose.

The methodology used is that of symbolic interaction, the situation from the thematic issue will be addressed using the constitutional action of the participants, and addressing the sociocultural context from the perspective of the conditions established in this cycle of trainings prioritize the following as a condition for meaningful learning: Cognitive Area Decision Making, Assertive Communication and the identifying actions.



Figure

3 Symbolic Interaction

Source: (Blumer, The symbolic nature of social life)

Part 2: Recreational Activities

Recreational activities are structured in a playful way, to generate the attention of the participants through games and skill levels. For these activities, although its approach is easy to see common activities, the constraint is that the leaders of each activity are professionals, as they play a key role, because they must be alert at the right time to venture into the explanation of gender, project life, intergenerational gap, conflict management and emotional intelligence.

It is also hoped that these activities promote the integration of people in the sector through group dynamics, sports and traditional meetings between parents and children and fill the final product as socioeconomic survey, plus teens can write their life plans on cards to be buried in a symbolic place of the town, it is suggested to be opened in 10 or 15 years to verify compliance. The methodology of symbolic interaction will indicate the issues of action and activity status fostering the creative freedom to develop activities.

Part 3: Expo fair

It is proposed to make an exhibition and fair in order to promote, encourage, and enhance knowledge on early pregnancy, through the exposure of specialists in the field, aimed at parents, youth and pregnant teens so that they can have the necessary knowledge about early pregnancy, the physical and psychological consequences that very young mothers will have, in the same way that parents can raise awareness of the importance of assertive communication with their children, noting that the material objects do not replace a warm huge or affection.

Using the theory of the hypodermic needle, Harold Lasswell proposed that the talks must be sequential and generate meaningful learning.

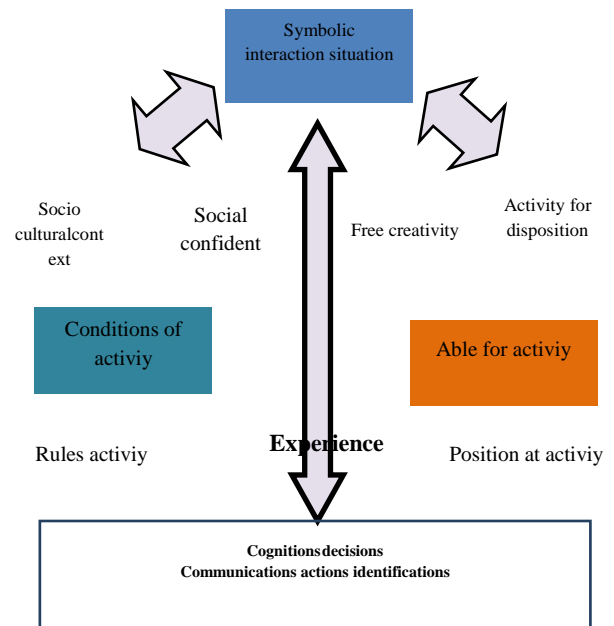


Figure 4 Construction of the experience through activities

Source: (Blumer, The symbolic nature of social life)

The topics are those related to the prevention of early pregnancy, while addressing issues such as health and nutrition, personal development, professional vocation, life plan, happiness and well-being, based on these issues and proposals theories with following recommendations:

- To promote the participation of various governmental and nongovernmental institutions.

Having welcome and to guide the visit according to expectations.

- Plan of incentives and prizes for participants.

- Using computer graphics, posters must be flashy with comprehensible illustrations.

Exhibitors are invited to interact with visitors generate a participatory approach, delivering leaflets, posters will be used.

Evaluation of the Community project

The purpose of the project is to raise awareness among young people that parenthood at an early age is a total change in their life and most times lose their dreams and goals set by the need to work to take responsibility for being parents, most things have to stop studying and cannot finish their career, consequently resulting in the inability to get a good employment situation.

Levels	Time
Level of knowledge about causes and consequences of early pregnancy	Trimester
Level of communication between parents and children	Semester
Level of confident and security in teenagers	Trimester / Semester
Level of interaction between teens	Semester
Level of early pregnancy * Check the computer system Teenager (SIA) , to verify the rate of teenage pregnancies reported in the General Enriquez Gallo neighborhood . * Consult the medical history especially the prenatal area	Semester

Table 2 Leading indicators
Source: Information Gathering

Conclusions

The literature investigation established the theoretical foundations that guide the design of preventive project to help reduce teenage pregnancy. Similarly sociological, educational psychology and referential contexts that establish a social interaction between parents and children to have adequate communication and guidance in sexual education were established.

The research methodology and instruments of applied research allowed to determine the problem of teenage of September 7, as well as its causes and consequences, and the need to implement projects that help prevent teen pregnancy.

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